



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 19014, Snacks, fruit leather, rolls

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	10.20	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	02/2003
Energy	kcal	371	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Energy	kJ	1551	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Protein ¹	g	0.10	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	02/2003
Total lipid (fat)	g	3.00	--	0.510	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Ash	g	0.90	--	0.042	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Carbohydrate, by difference	g	85.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2005
Sugars, total	g	49.16	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Minerals													
Calcium, Ca	mg	32	--	1.164	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	1.01	--	0.115	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Magnesium, Mg	mg	20	--	0.843	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Phosphorus, P	mg	31	--	1.230	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Potassium, K	mg	294	--	11.212	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Sodium, Na ¹	mg	317	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
Zinc, Zn	mg	0.19	--	0.012	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Copper, Cu	mg	0.171	--	0.006	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Manganese, Mn	mg	0.184	--	0.020	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Selenium, Se	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	120.0	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
Thiamin	mg	0.084	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Riboflavin	mg	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Pantothenic acid	mg	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin B-6	mg	0.300	--	0.073	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Folate, total	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Folate, food	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Folate, DFE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	13.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin A, RAE	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Carotene, beta	µg	34	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Carotene, alpha	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin A, IU	IU	57	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	41	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E (alpha-tocopherol)	mg	0.56	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	18.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Lipids													
Fatty acids, total saturated	g	0.672	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
14:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
15:0 ¹	g	0.002	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
16:0	g	0.340	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
17:0 ¹	g	0.004	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
18:0	g	0.300	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:0 1	g	0.010	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
22:0 1	g	0.006	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
Fatty acids, total monounsaturated	g	1.480	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
14:1 1	g	0.002	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
17:1 1	g	0.004	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
18:1 undifferentiated	g	1.480	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	0.552	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
18:2 undifferentiated	g	0.430	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
18:3 undifferentiated	g	0.120	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:3 undifferentiated ¹	g	0.002	--	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2005
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2005
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2002

Sources of Data

¹Food and Drug Administration (FDA), DHHS FDA Study on Labeling, 1996